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URBAN DISTRICT COUNCIL.



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ANNUAL REPORT  
of  
The Medical Officer of Health  
for 1945.

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Colchester :  
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1946.



# Frinton and Walton Urban District Council.

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## Annual Report of the Medical Officer of Health, 1945.

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Chairman : J. W. EAGLE, J.P.

Vice-Chairman : J. H. CAESAR-GORDON, C.C.

### MEMBERS OF THE PUBLIC HEALTH COMMITTEE.

Chairman : Miss M. S. McJANNET.

Mr. H. F. BAKER.

Mr. J. H. CAESAR-GORDON, C.C.

Mrs. C. A. COOPER.

Mr. J. W. EAGLE, J.P. (Chairman).

Mr. H. M. GIRLING.

Mr. W. E. GRANT.

Mr. C. W. HAYNE.

Mr. L. R. LANSDOWNE.

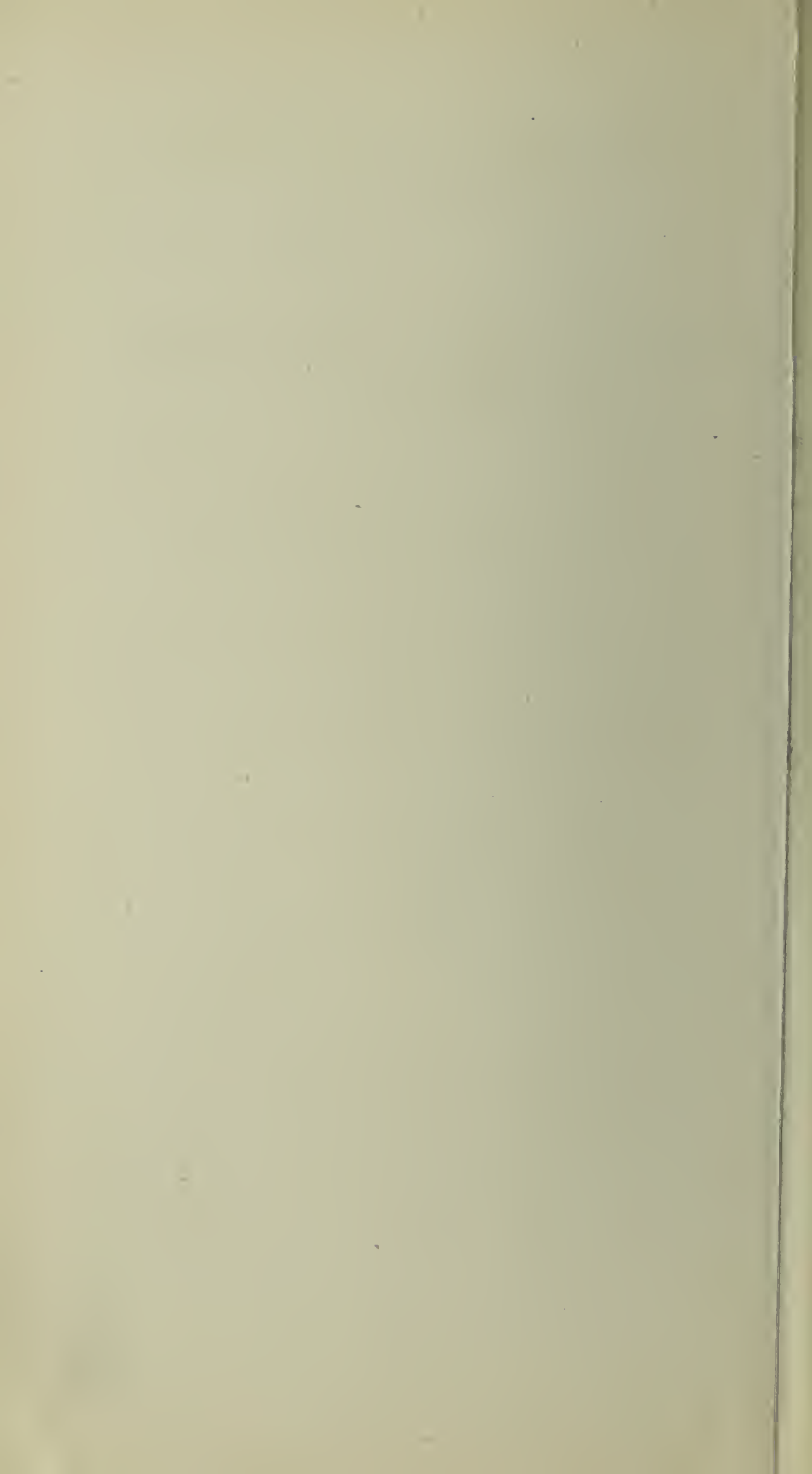
Mr. E. C. LOOSE.

Mr. W. J. OXLEY.

Lieut.-Col. C. J. T. ROBERTSON, O.B.E., M.C., M.A.

Major J. J. SCOTT, M.M.

Mr. A. S. TOMKINS.



*The Council House,  
Frinton-on-Sea,  
September, 1946.*

**To the Chairman and Members of the Frinton and Walton  
Urban District Council.**

Ladies and Gentlemen,

I have the honour to present the Annual Report on the Health and Sanitary conditions of your District during 1945.

The health of the District has again been satisfactory, the incidence of Infectious Disease has been very low, and no cases of Diphtheria have been notified during the year.

The crude death rate is 18·2 and the birth rate 14·6. There have been no maternal deaths during 1945, and the infantile mortality figure is 25·9, which is exceptionally low.

I take the opportunity of thanking the Council for their consideration, and also the Sanitary Inspector and other Officials for their help and co-operation.

I am, your obedient Servant,

J. RAMSBOTTOM.

## Section A.

# Statistics and Social Conditions in the Area.

### GENERAL STATISTICS.

The estimated population for 1945, as supplied by the Registrar-General, is 5,282, as compared with the corresponding figure of 7,318 for 1938.

The number of inhabited houses and rateable value is given below :—

Number of inhabited houses end of 1945, approximately	2,000.
Rateable Value .. .. .	£103,733
Sum represented by a penny rate .. .	£291

LIVE BIRTHS.	Total.	Male.	Female.
Legitimate .. .. .	63	39	24
Illegitimate .. .. .	14	7	7
Birth Rate per 1,000 Population .. .			14·6

STILL BIRTHS. .. .	2	2	—
Rate per 1,000 Total Births .. .			25·9

DEATHS .. .. .	96	45	51
Death Rate per 1,000 Population .. .			18·2

PUERPERAL DEATHS .. .	Nil	—	—
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### DEATH RATE OF INFANTS UNDER ONE YEAR OF AGE.

Total deaths .. .. .	2
All infants per 1,000 live births .. .	25·9
Legitimate per 1,000 legitimate live births .. .	31·8
Illegitimate per 1,000 illegitimate live births .. .	Nil

### DEATHS FROM CANCER AND TUBERCULOSIS.

Cancer death rate .. .. .	3·6
Pulmonary Tuberculosis death rate .. .	·19
Other Tuberculosis death rate .. .	·75

### INFANTILE MORTALITY.

	6 months.	7 months.
Heart Failure .. .	1	—
Accidental .. .	—	1
	1	1

# TABLE OF THE CAUSES OF DEATHS

(Registrar-General).

	Male.	Female.
Pulmonary Tuberculosis .. .. .	—	1
Other Forms of Tuberculosis .. .. .	4	—
Influenza .. .. .	1	—
Cancer of Uterus .. .. .	—	1
Cancer of Stomach and Duodenum .. .. .	3	—
Cancer of Breast .. .. .	—	4
Other Forms of Cancer .. .. .	6	5
Diabetes .. .. .	—	1
Intracranial Vascular Lesions .. .. .	6	7
Heart Disease .. .. .	14	13
Other Diseases of Circulatory System .. .. .	1	2
Bronchitis .. .. .	1	2
Pneumonia .. .. .	1	—
Digestive Diseases .. .. .	1	—
Nephritis .. .. .	1	2
Congenital Heart Disease .. .. .	—	1
Suicide .. .. .	2	—
Road Traffic Accidents .. .. .	—	2
Other Violent Causes .. .. .	2	3
All Other Causes .. .. .	2	7
	<hr/> 45	<hr/> 51
	<hr/>	<hr/>

## AGES AT DEATH FROM ALL CAUSES

(Local Registrar).

Under 1 Year ..	1-2	2-5	5-15	15-25	25-35	35-45	45-55
2	1	1	3	2	0	2	6
	<hr/> 55-65	<hr/> 65-75	<hr/> 75 & upwards				
	19	28	32				
						Total 96	

## DISTRIBUTION OF THE DEATHS.

	Frinton	Walton	Kirby <sup>1</sup>	Gt. Holland
Total Deaths ..	20	47	19	10
Infant Deaths ..	1	1	—	—

## Section B.

### General Provision of Health Services.

#### 1. PUBLIC HEALTH STAFF.

Dr. W. A. Milne retired in September, 1945, and his duties were carried out by Dr. J. R. Hetherington until the end of the year.

##### Sanitary Inspector.

Mr. J. Gray, A.R.S.I., and Meat Certificate, at present serving in H.M. Navy. Mr. H. W. Holmes, M.Inst.M. & Cy.E., the Surveyor, again acted as Sanitary Inspector during 1945.

#### 2. LABORATORY FACILITIES.

This service is carried out by the Emergency Laboratory, Essex County Hospital, Colchester.

#### 3. AMBULANCE FACILITIES

#### 4. NURSING IN THE HOME

#### 5. CLINICS AND HOSPITALS

} No change from the previous years.



## Section C.

### Sanitary Circumstances of the Area. Including the Report of the Sanitary Inspector.

#### WATER SUPPLY.

There has been no extension of the main during the year.

#### SEWERAGE AND DRAINAGE.

No extensions have been made during the year.

#### ERADICATION OF BED BUGS.

None during 1945. No complaints received.

#### SCHOOLS.

Close co-operation exists between the Education Authority and the local Council in all matters relating to the health of the school children.

#### REPORT OF ACTING SANITARY INSPECTOR FOR YEAR 1945.

I have to report as follows :—

#### HOUSING.

##### 1. Inspection of Dwelling Houses during the year.

(a) Total number of dwelling houses inspected for housing defects (under Public Health or Housing Acts) .. .. .	7
(b) Number of inspections made for the purpose ..	17

##### 2. Remedy of defects during the year without service of formal notices.

Number of defective dwelling houses rendered fit in consequence of informal action by the Local Authority or their Officers.. .. .	6
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#### INSPECTION OF THE DISTRICT.

Number of different premises visited .. .. .	254
Number of visits re nuisances and housing defects ..	48
Number of visits to slaughterhouses .. .. .	—
Number of visits to dairies, cowsheds and milkshops ..	44
Number of visits to bakehouses .. .. .	17
Number of visits to factories and workshops .. ..	22
Number of visits to foodshops .. .. .	53
Number of visits re infectious diseases .. .. .	6
Number of visits to butchers' shops and meat stores ..	64

#### COMPLAINTS.

During the year 43 complaints were received with respect to the following matters :—

Nuisances caused by blocked drains .. .. .	4
Nuisances caused by blocked ditches .. .. .	1
Nuisances caused by offensive smell .. .. .	2
Nuisances caused by damp walls .. .. .	3
Nuisances caused by rat infestation .. .. .	4
Defective water services .. .. .	3
Impure milk .. .. .	4
Impure water .. .. .	1
Overcrowding .. .. .	3
Miscellaneous .. .. .	18
Dry rot.. .. .	3
Leaking roofs .. .. .	1

## NOTICES SERVED.

Informal Notices, including letters and verbal instructions,  
under Public Health and Housing Acts .. .. . 7

## MILK SAMPLES.

Three samples of milk were taken, following complaints of the milk going sourer quickly.

The analysis showed satisfactory results as regards the milk, but enquiries led to the conclusion that the distance over which the milk was delivered to the distributor contributed to sourness. At the same time the defective refrigerator and sterilizer in this particular case were put in order.

## WATER SAMPLES.

During the year one sample of water was taken following complaint of the slimy deposit emanating from kitchen tap. The analysis showed no impurity whatever.

## FOODSTUFFS.

The following foodstuffs, found to be unfit for human consumption, were condemned :—

	No. of Containers.	Weight in lbs.
Tinned Meat .. .. .	70	115
Tinned Fish .. .. .	74	57
Tinned Milk .. .. .	80	76 $\frac{3}{4}$
Tinned Fruit .. .. .	1	2
Tinned Soup .. .. .	3	3
Tinned Vegetables .. .. .	70	77 $\frac{3}{4}$
Tinned Preserves .. .. .	9	15
Cereals .. .. .	1	$\frac{1}{2}$
Cake Flour, etc. .. .. .	240	365 $\frac{3}{4}$
Oats .. .. .	—	138
Dried Fruit .. .. .	1	25
Biscuits .. .. .	7	45
Margarine .. .. .	—	—
Butter .. .. .	—	$\frac{3}{4}$
Cheese .. .. .	—	19 $\frac{1}{2}$
Bacon .. .. .	—	12
Beef .. .. .	—	—
Mutton .. .. .	—	—
Sheeps' Plucks .. .. .	—	—
Sausages .. .. .	—	228
Totals .. .. .	556	1182

## MOSQUITO DESTRUCTION.

Men—days worked .. .. .	38
Average hours per day .. .. .	8 $\frac{1}{2}$

## DISINFECTIONS.

During the year disinfection was carried out at two premises, in which cases of infectious or other diseases had occurred; a total number of five rooms were disinfected.

## RATS AND MICE DESTRUCTION.

A considerable amount of work was carried out during the year under the Infestation Order of 1943 in the destruction of rodents.

H. W. HOLMES,

*The Council House,  
Frinton-on-Sea.*

Acting Sanitary Inspector.

October 5th, 1946.

## **Section D.**

### **Housing.**

The Housing position in Frinton and Walton Urban District is difficult.

The number of houses destroyed by enemy action amount to about 80, and of these 28 were of the working-class type. During 1945 no closing orders were applied or demolitions carried out under the Housing Acts.

#### **THE COUNCIL'S HOUSING PROGRAMME.**

The first year's programme of post-war housing formulated this year (1945) is for 28 houses, of which 10 are to be erected in Walton, 6 in Frinton, 4 in Kirby, and 8 in Great Holland. The type of accommodation varies from one and two bedroom flats to three bedrooms, parlour, and living room types.

The number of applicants for houses in the Urban District at the end of this year is 50.

## **Section E.**

### **Inspection of Food.**

#### **MILK.**

There are seven Producers and six Wholesalers on the Register. For particulars of inspections made see Sanitary Inspector's Report, Section C.

#### **MEAT.**

In this area all meat is slaughtered outside the District. For the particulars of meat and other food condemned, see Sanitary Inspector's Report, Section C.

## Section F.

# Prevalence of and Control Over Infectious Disease.

### CASES OF INFECTIOUS DISEASE NOTIFIED DURING 1945.

		Total Notified.	Admitted to Hospital.	Total Deaths.
Scarlet Fever	..	2	0	0
Pneumonia	..	3	0	1
Jaundice	..	26	0	0
Measles	..	15	0	0

Apart from Jaundice and Measles the district was free from epidemic disease. When necessary infectious cases are sent to the Borough Isolation Hospital, Colchester, with which Borough Council this Authority has an agreement.

### DISTRIBUTION OF THE CASES NOTIFIED.

			Frinton	Walton	Kirby	Gt. Holland
Scarlet Fever	..	..	0	1	1	0
Pneumonia	..	..	0	3	0	0
Infectious Jaundice	..	..	3	18	3	2
Measles	..	..	7	1	2	5

### IMMUNISATION—DIPHTHERIA.

Immunisation against Diphtheria was carried out on the lines of previous years. Special clinics were held at the Walton Secondary School and Frinton Primary School once a month. Both children under five years of age and those from five to fifteen years were treated. It is hoped in the near future to carry out immunisation at the Maternity and Child Welfare Clinic which is to be opened shortly.

Approximately 45·2 per cent. of children under five years of age and 58·3 per cent. of children between the ages of five and fifteen years had been inoculated at the end of the year.

In this percentage allowance has been made for the return of evacuees.

### TUBERCULOSIS, 1945.

			New Cases.				Deaths.			
Age Period			Respiratory		Non-Respiratory		Respiratory		Non-Respiratory	
			M. F.		M. F.		M. F.		M. F.	
0	..	..	0	0	0	0	0	0	0	0
1	..	..	0	0	0	0	0	0	2	0
5	..	..	0	0	0	1	0	0	1	0
15	..	..	0	0	0	0	0	0	1	0
25	..	..	1	0	0	0	0	0	0	0
35	..	..	1	0	0	1	0	1	0	0
45	..	..	0	0	0	0	0	0	0	0
55	..	..	0	0	0	0	0	0	0	0
65 upwards	..	..	0	0	0	0	0	0	0	0
			2	0	0	2	0	1	4	0

The number of cases of Tuberculosis on the Register at the end of 1945 was :—

A—Pulmonary Tuberculosis.				B—Non-Pulmonary Tuberculosis.			
1.	Male	..	9	1.	Male	..	2
2.	Female	..	7	2.	Female	..	10
Total—28.							

No action was required under the Public Health (Prevention of Tuberculosis) Regulations, or the Public Health Act, Section 172.

#### PORT SANITATION.

No action was required under the Port Sanitary Regulations.

